

# *featherhawk* Research Essences



Mt Kailash in Tibet  
photo by Marjorie Bowers  
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New essences are co-created when inspiration strikes, and as you can see from the list below, inspiration strikes often! Rocks and crystals are one of my greatest loves and, well, I got a little carried away.

Many of the new mineral kingdom essences are based on the work of Sela Wedemann Randazzo, in her book titled *Rock Medicine*. Her perspective is different from most other books I've read on the subject and I'm still working with it to learn more.

The **Tibetan Project Essences** were the result of a friend's pilgrimage to Mt Kailash, The Tibetan people consider Mt. Kailash the most sacred mountain in the world.

The **Spirit of the Mountain Essences** were an expansion of that journey, as well, connecting several mountains around the Earth that hold the energies of the ancestors.

There are a few new essences in the **Plant** and **Animal Kingdoms** (including the first Marine Animal, Sand Dollar), and the **Energetic & Environmental** essences.

## **Would you like to help with the research?**

If you would like to participate in researching the properties of any of these essences and contribute your experiences and observations, please send me an email (nanci at featherhawk.com) with the one(s) you'd like to work with and I'll send you a PayPal invoice by email. As soon as I receive your payment, I'll ship them right to you.

Another option is to receive the essences with a number on them instead of a name, so you are completely in the dark about what is in the bottle. I've gotten some great information from people trying them out that way, so consider it!

I'll dowse to select the most appropriate 'mystery essence(s)' for you if you want to experiment without knowing what you're working with, or I can just send one or more, randomly chosen. After you send in your observations, I'll let you know what you were taking and share any information I have on them to date.

### **What is the cost for these essences?**

The research essences are just \$5.00 each, plus shipping (\$6 USA, \$20 international economy, for up to 6 bottles). Thanks for your help!

All Research Essences come in full-sized half ounce dropper bottles and are available with a vodka stabilizer or alcohol-free red shiso with distilled white vinegar.

*Be sure to indicate which you prefer. If you do not indicate a preference, alcohol will be sent.*

### **Tibetan Project Essences**

Journey Essence  
1000 Armed Chenrezig  
Barley (from Shigatze)  
Brahmaputra River  
Juniper (from Jokhang Monastery)  
Katah (from Sera Monastery)  
Kora Flower  
Kora Mani Stone  
Lake Monasarova  
Monastery (Guge & Tholing)  
Monastery at Monasarova  
Potala Monastery  
Prayer Beads (Mala)  
Prayer Wheel  
Quan Yin

Sage Ashes (from Drepang Monastery)  
Shakyamuni Buddha  
Shell from Prayer Wheel  
Spirit of Mt Kailash (also part of Spirit of the Mountain Essences)  
Tibetan Singing Bowls  
Tsampa (from Ganden Monastery)  
Windhorse Prayer Flags  
Yak Butter  
Yak Butter Tea (Shigatze)  
Yak Hair  
Tibetan Master Blend

## **Spirit of the Mountain Essences**

Spirit of the Andes  
Spirit of Denali  
Spirit of the Great Smoky Mountains  
Spirit of the Maroon Bells  
Spirit of Mt Blanca  
Spirit of Mt Kailash (also in Tibetan Project Essences)  
Spirit of the Sangre de Cristo Mountains  
Spirit of Uluru

## **Mammals**

Fox  
Lion

## **Birds**

Hummingbird  
Turkey

## **Marine Animals**

Sand Dollar

## **Environmental & Energetic**

Holy Night

Medicine Wheel

Mystyk River Sanctuary (in Carrollton, Kentucky)

Venus Transit (The Venus Transit of 2012)

Open Source, the Essence of December 21, 2012

## **Plant Kingdom**

Thyme

Crape Myrtle

Star Gazer Lily

Red Rose

River Birch

## **Mineral Kingdom**

Abalone

Adamite

Aegirine

Agate

Alexandrite

Amber

Amblygonite

Ametrine

Aragonite

Azurite/Malachite

Barite

Beryl

Beta Quartz

Bloodstone

Blue Quartz

Bornite

Calcite - Aqua

Calcite - Green

Calcite - Orange

Calcite - Peach

Calcite - Red

Calcite - White

Calcite - Yellow

Carnelian

Cavansite

Celestite

Chalcedony

Charoite

Chrysanthemum Stone

Chrysoprase

Cinnabar

Coal

Coral

Covellite

Dinosaur Bone

Dumortierite

Emerald	Onyx	Tourmalinated Quartz
Galena	Opal	Tourmaline - Watermelon
Garnet	Paraibe Tourmaline	Tremolite
Goethite after Pyrite	Peridot	Ulexite
Granite	Petrified Wood	Uvite
Green Apophyllite	Phenacite	Wood Opal
Halite	Pipestone	Wulfenite
Hauynite	Pyrite	Zincite
Hemimorphite	Rainbow Hematite	
Infinite Stone	Red Rock of Sedona	
Iolite	Rhodonite	
Ivory	Rhodozite	
Jacinth/Hessonite Garnet	Rutilated Quartz	
Jade	Selenite	
Jade - California	Selenite - Fishscale	
Jasper	Shark's Tooth	
Jasper - Red	Shiva Lingam	
Jet	Singing Quartz	
Kunzite	Sodalite	
Kyanite - Blue	Spirit Quartz	
Kyanite - Orange	Stibnite	
Labradorite (Moonstone)	Stichtite	
Larimar (Pectolite)	Strawberry Quartz	
Lava	Sugelite	
Lepidolite	Sulfur	
Magnesite	Talc	
Magnetite	Tanzanite	
Moldavite	Tektite	
Mother-of-Pearl	Tiger's Eye	
Nebula Stone	Topaz	

