

featherhawk Mineral Kingdom essences



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Each **featherhawk** Mineral Kingdom Essence embodies the powerful vibrational healing gifts found in nature's rocks, gems and minerals. They heal and support the crystalline structures throughout your physical body, chakras and other energy centers, and aura (your body's subtle energy field).

They assist you by releasing tension from your physical and energy bodies, grounding and integrating shifts in consciousness aiding spiritual expansion, and helping you remember and re-establish physical and emotional well-being.

The Mineral Kingdom Essences work beautifully by themselves and in concert with all the essences in the **featherhawk** line.

The Essences

Aluminum Restores clarity and mental focus; refines the mental body and aids the brain stem.

MN1 1/2 oz..... \$8.99

Amazonite Strengthens the skeletal system and reduces stress. Enhances the activity of other vibrational remedies. Excellent tool for full moon meditation.

MN2..... 1/2 oz..... \$8.99

Amethyst Transform energy and integrate higher frequencies into the Whole of You. Keep unwanted energies at bay. Opens and activates the crown chakra, aiding meditation and inner work.

MN3..... 1/2 oz..... \$8.99

Apatite Harmonizes all chakras; opens the throat chakra, stimulating self-expression and clear communication. Inspires humanitarian service. Balances metabolism helping to control the appetite and aid weight loss.

MN39... 1/2 oz..... \$8.99

Apophyllite Accurate self-analysis through the window of love; aids the search for truth and encourages heart-centered decision-making.

MN37... 1/2 oz..... \$8.99

Aquamarine Encourages self-examination and service to humanity. Aids serene thinking and clears the throat chakra for clear communication of the emotions. Immerses one in a liquid light of protection.

MN36... 1/2 oz..... \$8.99

Arrowhead Stay in your heart and do your work. Integrate life lessons from the past (this lifetime and others) and cut away old patterns and behaviors that no longer serve you. Transform Judgment, against yourself and others, into Forgiveness.

MN4..... 1/2 oz..... \$8.99

Azurite Affirm the deep communication from the core of your being and express it with honesty and authenticity. Aids flexibility, adaptability, and integration of Earth changes into the Whole of You. Recognize your love for the Earth and translate that into love for your body temple.

MN5..... 1/2 oz..... \$8.99

Black Tourmaline Encourages the transformation and letting go of toxic energies throughout the Whole of You --- body, mind, soul, and emotions. Fills any resulting voids in your energy field with clear, neutral energy and vitality. Keeps you very grounded and present, able to shield yourself from toxic thoughts and substances in your environment.

MN6..... 1/2 oz..... \$8.99

Blue Calcite Calming and peaceful; gives voice to the intuition. It has the ability to calm the throat and moderate the voice, facilitating successful communication. Supports the lymph system.

MN42... 1/2 oz..... \$8.99

Chrysocolla Clears armoring around the heart center, encourages giving and receiving love and the nurturing of consciousness. Recognize and express your feelings without attachment to the outcome. Take when focusing on the breath to aid oxygenation of the cells and increase spiritual understanding.

MN7 1/2 oz..... \$8.99

Clay Draws out and binds with impurities to cleanse and detoxify the Whole of You. Excellent support for cleansing and detoxifying regimens; restores balance and stability to the immune system.

MN9 1/2 oz..... \$8.99

Clear Quartz Receiver and amplifier of energy and information; aids communication with all aspects of your being. Synchronizes the Whole of You with All That Is, opening you to wisdom, guidance, and alignment with the Higher Will. NOTE: Be conscious with your use of this crystalline essence as it amplifies without regard to the quality or goodness of the information or energy in its field of impact. If you are ill, angry, sad, or out of harmony for any reason, it will enhance that as easily as it enhances joy, wellness or balance. Use clear quartz (in crystal or essence form) in conjunction with other essences that support your specific needs and it will increase their good effect without regard to your state of mind.

MN10... 1/2 oz..... \$8.99

Copper Increases self-confidence and self-acceptance. Improves conductivity throughout the body's electrical system aiding the transmutation of cosmic radiation; clarifies and enhances the electromagnetic capacities of the Whole of You.

MN11... 1/2 oz..... \$8.99

Diamond For knowing the brilliance of your many facets. Amplifies and broadcasts thoughtforms and enhances the action of other essences. Supports activities of the brain at all levels. Consistent use can help you remain in a state of meditation. Aids transformation of toxins throughout the Whole of You.

MN12... 1/2 oz..... \$8.99

Dioptase For fully utilizing your "two eyes" -- your physical eyes and your "inner eye". For being present in the moment as you look forward with your physical eyes and upward with your inner eye. Honor the richness of your personal resources.

MN32... 1/2 oz..... \$8.99

Fairy Stone Ground and integrate the truth that Spirit and Matter are inextricably connected and embodied in this Earth dimension. Provides grounding for those who are 'out of body' more often than not, helping them focus on the life and tasks at hand.

MN13... 1/2 oz..... \$8.99

Fluorite For purification, cleansing and transformation of old patterns; stabilizes relationships; harmonizes and energizes the etheric body. Can be used to address excess fluid in the body.

MN14... 1/2 oz..... \$8.99

Fossil Bone Stabilizes form and structure. As you move through chaos and transformation, the form and structure of the Whole of You is continuously realigned. Fossil Bone enables you to adapt to these changes easily and maintain structural integrity.

MN15... 1/2 oz..... \$8.99

Fossil Fern Joyous creation and light-filled movement; for dancing in your heart and your body. Helps you communicate with nature spirits, facilitating co-creative work.

MN16... 1/2 oz..... \$8.99

Green Tourmaline Opens the heart. Encourages connection with the plant kingdom and assists in the study of plants, especially for healing. Transforms stagnant or dark energy into fuel for living without releasing it to the outer environment – the epitome of effective recycling!

MN17... 1/2 oz..... \$8.99

Gypsum Allays the tension of the outer quest by linking the conscious mind with the inner mystic.

MN18... 1/2 oz..... \$8.99

Hematite Promotes clarity in all things mental, including understanding that thoughts held in the mind beyond their 'expiration date' can become limitations. Draws heat from the body, especially when the heat is caused by stuck mental energy. Helps you transform negativity and embrace possibility. Supports the blood system.

MN19... 1/2 oz..... \$8.99

Herkimer Diamond Contributes to clear communication between individual people, animals, groups, and the Earth. Helps attune you to your environment and your Higher Self, and aids telepathic communication. Supports all aspects of the voice, neck and throat.

MN35... 1/2 oz..... \$8.99

Lapis Lazuli Amplifies intuition and personal expression. Encourages self-love and increases conscious awareness of old emotional baggage, allowing transformation without self-judgment. Increases comprehension of ancient information and wisdom, allowing you to hear truth from a higher perspective.

MN20... 1/2 oz..... \$8.99

Malachite Assists in clearing natural and man-made radiation, including computer radiation, from the Whole of You and your immediate environment. This is a good stone to have between yourself and your computer. Balances the whole brain; opens the heart stimulating empathy and compassion. Supports unity of being. Restores balance to sight in the physical, mental and spiritual realms. If sight in one is distorted,

sight in all will be unclear.

MN21 ... 1/2 oz..... \$8.99

Moonstone Integrates the power of the feminine aspect, the "light of the moon," into the Whole of You. The feminine light of Grandmother Moon is a reflection of the light of the masculine power of Grandfather Sun. Moonstone brings harmony to these two energies within you.

MN22... 1/2 oz..... \$8.99

Obsidian Brings old patterns and beliefs up from the subconscious into the light of day, or conscious awareness, where they can be embraced, blessed, and, if necessary, transformed or released. Creates flow without snagging on rough edges. Excellent support for dream work.

MN23... 1/2 oz..... \$8.99

Opal Matrix & Silver Grounding and Universal connection; completion. Changes are occurring quickly and in many cases, very subtly. You may have difficulty accepting that a given process or situation has ended or moved to the next level. If you are holding yourself back, either consciously or unconsciously, OM&S can help you move beyond your old "comfort zone" by keeping you safe and grounded as you explore beyond your old limits.

MN24... 1/2 oz..... \$8.99

Petoskey Stone Creates movement in consciousness, very quickly if necessary. Be aware of the movement, yet remain centered. Stimulates the brow chakra, opening you to a wider view of your physical world and beyond, while keeping you emotionally grounded and connected to your community. Can help quarantine unhealthy cells (or situations), enabling you to let them go naturally and easily.

MN40... 1/2 oz..... \$8.99

Pink Tourmaline Stimulates the crown and heart chakras, grounding trust in the power of love for yourself and for another. Rediscover joy and zest for life. Maintains

equilibrium throughout the Whole of You.

MN33... 1/2 oz..... \$8.99

Red Coral For articulating your goals in life and bringing your emotions into balance to support achieving those goals. Has a positive effect on the heart and circulation in the physical body. Aids the structure and integrity of the skeletal system.

MN25... 1/2 oz..... \$8.99

Rhodochrosite Reach into the past to heal the deepest wounds, enveloping them in a powerful energy of forgiveness and love, balance and harmony for healing and transformation. Uplifts the heart at all levels.

MN31 ... 1/2 oz..... \$8.99

Rose Quartz Love and compassion for self and others. One of the most healing stones for the heart, especially if you are grieving a loss of any kind – person, companion animal, home, job, even an old habit or attitude. Softens any resistance you have to experiencing your feelings fully, and holds you in a beautiful pink light of grace.

MN38... 1/2 oz..... \$8.99

Ruby Opens you to Spiritual awareness especially when faced with new issues. Helps you let go of any attachment to suffering. Dealing with issues is ongoing if you are alive; misery and distress are optional. Supports the energetic flow of all bodily fluids, particularly the blood. Stabilizes the heart chakra and the physical heart.

MN26... 1/2 oz..... \$8.99

Seashell 1 Dishonored as a child, you may now reclaim your personal power and entitlement, knowing it cannot be taken from you again. Balances and aligns the root, sacral and solar plexus chakras, helping you feel safe and remain grounded and present in your body.

MN27 ... 1/2 oz..... \$8.99

Seashell 2 Forgive those who actually were or are perceived as having been mean of abusive during your childhood. Forgive yourself, too, and reclaim your wholeness

and personal power. Balances and aligns the heart, throat, brow and crown chakras, rooting your higher spiritual centers in your heart.

MN28... 1/2 oz..... \$8.99

Silver Activates detached observation of yourself, enabling you to recognize the value of every experience and lesson in this lifetime, especially if you don't like it or it doesn't seem "logical." Heightens intuition and understanding of the powers of the moon. Enhances conductivity along the Silver Cord, improving communication between your mind and Higher Mind.

MN29... 1/2 oz..... \$8.99

Smoky Quartz Aids clarity in meditation and attention to higher awareness by grounding you in the present. Initiates a powerful force field to absorb distorted energies and release them harmlessly. Strengthens your connection to the Earth.

MN34... 1/2 oz..... \$8.99

Stone Soup Step back and observe your circumstances, then use your imagination to create new possibilities. Translate your knowledge into community action that serves the greater good.

MN30... 1/2 oz..... \$8.99

Tibetan Turquoise Master healer and tonic for body, mind and spirit. Enhances communication, especially getting in touch with the spirit within and translating what is learned into outer expression of Self. Very grounding and a wonderful Earth connection that leaves you feeling safe and protected in meditation and quiet times.

MN41 ... 1/2 oz..... \$8.99